

BASIC FIRST AID

COURSE DESCRIPTION & SUITABILITY:

This basic first aid course is suitable for everyone and particularly those who wish to be able to assist an occupational first aider in the workplace.

AWARD:

Following successful completion of the course and examination, participants will receive a Work Wise certificate, which is valid for 2 years.

COURSE CONTENTS:

Topics covered in Basic First Aid include:

- First aider roles and responsibilities, how to call emergency services, infection control and stress awareness.
- Patient assessment- primary and secondary surveys, medical history questions, spinal injury precautions.
- Respiratory emergencies- choking asthma, hyperventilation etc.
- Cardiac emergencies-heart attack, stroke, cardiac arrest & CPR.
- Wounds and bleeding
- Medical emergencies- diabetes, epilepsy, head injuries, fainting
- Fractures, dislocation sprains or strains.
- Burns, poisons and electric shock

Price includes all materials.



NORTH EAST
FOOD HUB

helping food business grow

COST OF COURSE:

TBC

DURATION OF COURSE:

1 day - 9:30am - 5:00pm

ENTRY REQUIREMENT
TO COURSE:

No previous experience

TO BOOK YOUR
PLACE PLEASE
CONTACT US

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*ACDC is not required
under Section 43, the
Qualifications Act (1999) to
have protection for learner
arrangements in place*

